

MO Monthly Newsletter



When should a child first see the Orthodontist?

A child's first orthodontic assessment is recommended around **7–8 years of age**, even if they still have some baby teeth. This early assessment allows us to monitor dental and facial development, assess eruption patterns and identify concerns such as crowding, crossbites, impacted teeth or developing bite discrepancies.

Importantly, an early assessment **does not mean treatment is required**. In many cases, it simply provides an opportunity to monitor growth and determine the most appropriate timing for treatment. Early referral can also help identify cases where intervention during growth may be beneficial and, in some situations, help avoid more complex treatment later. We encourage our referring dentists to consider an orthodontic assessment around this age, particularly where there are concerns regarding **eruption, crowding, bite development or facial growth**.

Have a patient you're unsure about? Refer them to Menai Orthodontics for an assessment and let our specialist team help determine the most appropriate next step.

Patient: 10

Presenting concern: Anterior open bite and narrow jaw

Treatment approach: RME with upper section of braces

Current progress: Completed treatment

Key takeaway: Early assessment allowed us to identify the developing issue and intervene during an optimal stage of growth.



Get to know the team

Each month, we'll be introducing you to a member of our Menai Orthodontics team, giving our referring dentists a little more insight into the people behind the practice.

Meet Annika | Receptionist

You may recognise Annika from our front desk, her friendly nature and welcoming approach make her a familiar face for many of our patients and families.

We thought we'd share a few fun facts to help you get to know Annika a little better.

Favourite movie genre: Rom-coms

Fun fact: she was actually a patient at Menai Orthodontics before joining our team!

Outside of work: Annika loves Pilates!



September Birthdays



September was a big month for birthdays at Menai Ortho! We celebrated three very special birthdays throughout the month. It was lovely to take some time out of the busy clinic to celebrate, enjoy some treats and recognise the wonderful team members who help make Menai Ortho what it is.

A very happy birthday to **Dr Sarah, Lana and Annie!** We hope you each had a wonderful day and felt extra celebrated by the Menai Ortho team. We're very lucky to have you all as part of our MO family!

A note from the Menai Ortho team:

Thank you to all of our referring dentists for your continued trust and support. We value the relationships we have with our local dental community and look forward to continuing to work together to provide the best possible care for our patients

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